

# EnsoETM™

## For controlling patient temperature

### Instructions for Use

#### Caution: Read all instructions prior to use.

- For single use only. Reuse may expose patients to infection risk.
- Provided non-sterile.
- Do not use if packaging is compromised.
- Store in a dry and clean place.
- This product does not contain dry natural rubber.



ECD02-A

#### Description

The EnsoETM is a non-sterile multi-lumen silicone tube placed in the esophagus for the purpose of cooling or warming a patient while simultaneously allowing gastric decompression and drainage. Modulation and control of the patient's temperature is achieved by connecting the EnsoETM to an external heat exchanger. Two lumens connect to the external heat exchanger, while a third central lumen provides stomach access for connection to a fluid collection device with low intermittent suction for gastric decompression (Figure 1). The EnsoETM is made of standard medical-grade silicone. It is a single-use, disposable, non-implantable device with an intended duration of use of 72 hours or less.

NOTE: This EnsoETM (ECD02-A) is designed to be used with the Cincinnati Sub-Zero Blanketrol II (model #: 222S) or Blanketrol III (model #: 233) Hyper-Hypothermia System with the following operating specifications:

- Dead Head Pressure: Maximum 11 psi (76 kPa)
- Flow: Minimum 0.6 gpm (136 L/hr)
- Water Temperature Control Range: 4°C - 42°C

#### Intended Use

The EnsoETM is a thermal regulating device, intended to:

- connect to a Cincinnati Sub-Zero Blanketrol II or Blanketrol III Hyper-Hypothermia System to control patient temperature, and
- provide gastric decompression and suctioning.

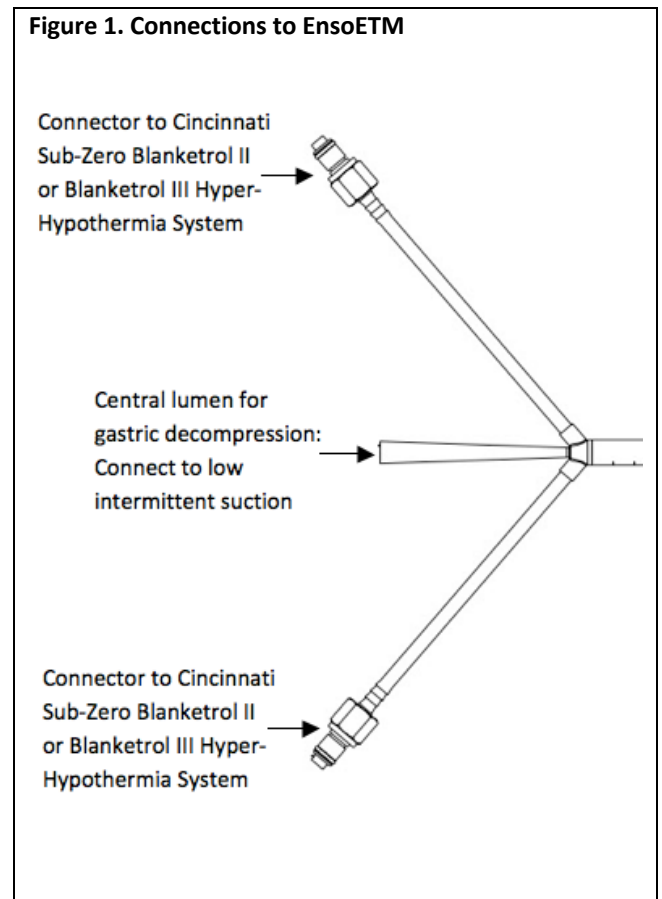
#### Warnings and Precautions

- The EnsoETM may cause or exacerbate esophageal tissue damage in patients with known esophageal deformity or evidence of esophageal trauma, or in patients known to have ingested acidic or caustic poisons within the prior 24 hours.
- The safety and effectiveness of the EnsoETM have not been evaluated in patients with less than 40 kg of body mass.
- The EnsoETM should only be used by healthcare professionals with training in the use of orogastric tubes and the use of the Cincinnati Sub-Zero Blanketrol II or Blanketrol III Hyper-Hypothermia System.
- The EnsoETM is intended for esophageal placement. Inserting the EnsoETM in the trachea, bronchi or lungs can result in serious patient harm.
- The suction collection system for the gastric tube that is connected to the EnsoETM should be monitored throughout treatment of the patient. If the accumulation of liquid is greater than expected, treatment should be stopped and the EnsoETM should be removed and examined for the presence of leaks.
- Always follow the Instructions for Use for the Cincinnati Sub-Zero Blanketrol II or Blanketrol III Hyper-Hypothermia System and monitor it for alerts. If a low water alert or an occlusion alert occurs and the cause of this decreased amount of water or obstruction of water flow is not found, treatment should be stopped and the EnsoETM should be removed and examined for failure.

- The coolant (water) ports on the EnsoETM (Figure 1) must be connected only to the external heat exchanger. The central lumen must be connected only to a suction canister with low intermittent suction (Figure 1). Attachment of the EnsoETM to unapproved or unintended connections can result in serious patient harm.
- The presence of the EnsoETM may interfere with other devices in the esophagus or mouth. Dual placement of other devices in the esophagus with the EnsoETM is an unintended use and may result in patient harm. Do not use an esophageal temperature probe, oral thermometer, esophageal Doppler stethoscope, or enteral feeding tube with the EnsoETM in place.
- In patients with intact dentition, a bite block may be required to prevent damage to the EnsoETM.
- Periodically reposition the EnsoETM in accordance with hospital protocol. Prolonged excessive pressure may cause dermal injury, tissue ischemia, or necrosis.
- Large patients with a body mass greater than 120 kg may exhibit slower responses to intended temperature changes. Small patients with a body mass less than 60 kg may exhibit faster cooling than anticipated, and may exhibit slower rewarming than anticipated. Environmental conditions, such as the temperature of the room, may also affect patient temperature. Removing or adding blankets or sheets may be necessary if the desired cooling or warming rate is not being achieved.
- Avoid pinching or kinking the EnsoETM during placement or use, because this may cause the flow of coolant to become occluded.

### Placement of the EnsoETM

1. The external heat exchanger must be in proper operating condition and must have received all the required maintenance. Failure to ensure that the heat exchanger is in proper condition may result in suboptimal performance. Ensure that no contaminants are present in the heat exchanger water.
2. Measure the patient for EnsoETM placement carefully before use. Insertion of an excessive length of the EnsoETM into the stomach may lead to coiling, kinking, knotting, or breakage of the EnsoETM. To measure the patient for EnsoETM placement, extend the EnsoETM from the patient's lips to the earlobe and then from the earlobe to the tip of the xiphoid process (xiphisternum). Mark the location on the EnsoETM.
3. Follow the Instructions for Use for the external heat exchanger for all device operations, including connections to electric wall power, patient probes, and tube set connections. Connect the EnsoETM (Figure 1) to the external heat exchanger in place of a blanket or pad, using a Cincinnati Sub-Zero connector hose (CSZ P/N 286) with the connectors as shown in Figure 1. Turn on the external heat exchanger.
4. Ensure that the patient has two (2) temperature probes with separate monitors in use (for example, a Foley catheter temperature probe and a rectal temperature probe). One of the temperature probes must be connected to the external heat exchanger, as directed in the external heat exchanger's Instructions for Use. Ensure that both temperature monitors are functioning correctly and that the temperature probes are not damaged, expired, or compromised in any other way.
5. Select the control mode and target patient temperature on the external heat exchanger. Ensure that water is flowing through the EnsoETM, and that no leaks are present. Failure to initiate water flow prior to insertion may hinder placement of the EnsoETM.
6. Lubricate the EnsoETM generously with water soluble lubricant prior to insertion. Do NOT use petroleum-based products, because these may be harmful to the respiratory tract.
7. Insert the EnsoETM using gentle pressure posteriorly and downwards through the mouth, past the oropharynx and into the esophagus. Gently assist the passage of the EnsoETM with light pressure until the required length of tube has been inserted.



8. Do not use force during insertion of the EnsoETM, because this may cause bleeding and/or damage to the oropharynx or other structures. If resistance is encountered during insertion of the EnsoETM, immediately stop the procedure.
9. Confirm placement of the EnsoETM by the following:
  - a. injecting 5 to 20 mL of air (with a 50 or 60 ml syringe) through the central lumen while auscultating over the stomach for a “swoosh” or a “burp” indicating gastric placement,
  - b. aspirating gastric contents with a syringe (using a 50 or 60 ml syringe) through the central lumen, and
  - c. confirming the location and placement of the EnsoETM with an x-ray.
10. Secure the EnsoETM with a securement device or tape in accordance with hospital protocol. Do not secure the EnsoETM to the endotracheal tube because it may displace the endotracheal tube. Ensure the EnsoETM and tube set connections are not in contact with the patient’s skin. Direct contact between the EnsoETM and exposed skin may cause shivering.
11. For stomach decompression, connect the central lumen of the EnsoETM (Figure 1) to low-intermittent suction using standard suction tubing (not supplied) and adaptor (not supplied). Always use the lowest suction setting that will effectively decompress the stomach.
12. The central lumen of the EnsoETM is not intended for enteral feeding or for administration of oral medication. If the central lumen of the EnsoETM becomes blocked or clogged, standard approaches for clearing blocked gastric tubes are recommended. For example, disconnect the EnsoETM from wall suction and use a saline flush. If the standard approaches are unsuccessful, it may be necessary to remove and then replace the EnsoETM.
13. Monitor patient temperature using both monitors during use. Ensure that the temperature monitors are reporting temperatures that are in agreement; if the discrepancy between the two monitors is greater than 0.5°C, discontinue treatment and investigate the cause of the discrepancy. Replace the temperature probes or secondary monitor if necessary. Ensure both temperature probes remain in place without accidental dislodgement during the entire course of patient treatment. Monitor circulating coolant temperature and ensure that it does not fall below 4°C or exceed 42°C.

Note: After this product has been used it may be a potential biohazard. Handle and dispose of the device in accordance with accepted medical practice and applicable local, state, and federal laws and regulations.












Caution: Federal law (U.S.) restricts this device to sale by or on the order of a physician.

U.S. Patents # 8,231,664, # 8,444,684, # 8,523,929 and # 9,326,890. International Patent # EP2401023B1. European Registered Community Design (No. 002243055-0001). Additional U.S. and International patents pending.



Attune Medical  
3440 S. Dearborn St. #215-South  
Chicago, IL 60616 USA  
+1.888.534.4873  
<http://www.attune-medical.com>

## Symbol Glossary

Symbol	Symbol Title	Explanatory Text	Symbol Reference Number	Standard Title and Designation Number
	Manufacturer	Indicates the medical device manufacturer, as defined in EU Directives 90/385/EEC, 93/42/EEC and 98/79/EC.	5.1.1	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Catalogue number	Indicates the manufacturer's catalogue number so that the medical device can be identified.	5.1.6	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Batch code	Indicates the manufacturer's batch code so that the batch or lot can be identified.	5.1.5	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Use-by date	Indicates the date after which the medical device is not to be used.	5.1.4	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Caution	Indicates the need for the user to consult the instructions for use for important cautionary information such as warnings and precautions that cannot, for a variety of reasons, be presented on the medical device itself.	5.4.4	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Consult instructions for use	Indicates the need for the user to consult the instructions for use.	5.4.3	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Do not reuse	Indicates a medical device that is intended for one use, or for use on a single patient during a single procedure.	5.4.2	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Do not use if package is damaged	Indicates a medical device that should not be used if the package has been damaged or opened.	5.2.8	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Non-sterile	Indicates a medical device that has not been subjected to a sterilization process.	5.2.7	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Not made with natural rubber latex	Indicates that natural rubber latex was not used in the construction within the medical device or the packaging of a medical device.	5.4.5 & Annex B.2 Negation Symbol	ISO 15223-1:2016, Medical Devices- Symbols to be used with medical device labels, labelling and information to be supplied
	Prescription only	Caution: Federal (US) law restricts this device to sale by or on the order of a physician.	N/A	21 CFR 801.109, Labeling-Prescription Devices 21 CFR 801.15(c)(1)(i)F, Labeling- Medical devices; prominence of required label statements; use of symbols in labeling